

Ministry of National Education
Rufisque Academy Inspection
Inspection of Education and Training - Rufisque Commune
KAMBAL School Group Cité SIPRES AL-AZHAR ZAC-MBAO
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Nutritional Policy

As part of our commitment to children's health and environmental respect, the school enforces the following nutritional policy, without exception :

Drinks

- Only water is permitted, brought in a reusable water bottle.
- Juices, sodas, and other sugary drinks are strictly prohibited.

Snacks

- Chips, candies, and other sweets are prohibited.
- Only homemade sandwiches and snacks are allowed, packed in a reusable lunch box.
- As part of our zero-plastic / zero-packaging initiative, no single-use packaging (sachets, wrappers, disposable containers) is tolerated.

This policy applies without zero tolerance. We rely on every family's involvement to choose a suitable lunch box and ensure the nutritional quality of the meals provided: our children's health is a shared responsibility.

Thank you for your understanding and commitment alongside us.